

SARDAR VALLABHBHAI PATEL INSTITUTE OF TECHNOLOGY, VASAD (850)
MASTER OF BUSINESS ADMINISTRATION

Report on Workshop on Emotional Intelligence – Unlocking the Power of Emotional Mastery for Personal and Professional Success



The MBA Department of SVIT Vasad organized an expert talk on “**Emotional Intelligence – Unlocking the Power of Emotional Mastery for Personal and Professional Success**” on 5 October 2024 for Semester I MBA students. The session was conducted by **Mr. Ayush Sethia, HR Manager, Arti Industries Limited**, at the Architecture Auditorium from 10:00 AM to 4:00 PM.

The workshop aimed to enhance students’ understanding of emotional intelligence and its significance in personal growth, leadership development, and professional success. During the session, Mr. Sethia shared valuable insights into the role of emotional intelligence in effective leadership, workplace relationships, communication, conflict management, and decision-making processes. Through interactive discussions and practical exercises, students gained a deeper understanding of self-awareness, self-regulation, empathy, motivation, and social skills, which are essential competencies in today’s dynamic business environment.

The expert talk provided students with practical exposure to the behavioral and interpersonal aspects of management, enabling them to appreciate the importance of emotional intelligence in achieving organizational effectiveness and career success. The interactive nature of the session encouraged active participation and enhanced the overall learning experience.

The workshop proved to be an enriching and insightful learning opportunity for the students. Such initiatives form an integral part of the MBA Department’s continuous efforts to bridge academic learning with industry expectations and to equip students with the professional and personal competencies required for future leadership roles.

Faculty Coordinators,

Dr. Disha Patel
I/C HOD MBA Department,
MBA Department,
SVIT – Vasad.